TENNIS & PICKLEBALL

REGISTER ONLINE AT: HTTPS://WEB2.VERMONTSYSTEMS.COM/NICOLET.HTML

This professionally designed six-week program begins the week of June 16th and runs through July 24th. These structured tennis lessons have an emphasis on developmental skills, fitness, and fun! All skill levels are welcome and are taught by an experienced staff, including current collegiate players and certified teachers. Coach Koppa and his family have a passion for the sport of tennis. Together they have created a recreation program that builds a love for lifelong tennis skills. Each program is 50 minutes in length and is held at the Nicolet High School tennis courts. Participants are encouraged to bring their own racket, water, and a good attitude! Lessons may be canceled due to inclement weather and may not be rescheduled. Refunds are not issued due to weather conditions.

Date: June 16 - July 24 **Day:** Mondays - Thursdays

Location: Nicolet Union High School - Tennis Courts

Fee: \$216.00R/\$246.00NR

Min/Max: 5/30

Level:	<u>Time:</u>	Program#:
Pee Wee	10:00 - 10:50am	311020-01
Pee Wee	11:00 - 11:50am	311020-02
Pee Wee	12noon - 12:50pm	311020-03
Beginner	10:00 - 10:50am	311020-04
Beginner	11:00 - 11:50am	311020-05
Advanced Beginner	10:00 - 10:50am	311020-06
Advanced Beginner	11:00 - 11:50am	311020-07
Advanced Beginner	12noon - 12:50pm	311020-08
Intermediate	12noon - 12:50pm	311020-09

YOUTH PICKLEBALL LESSONS

Join our dynamic Youth Pickleball Class, where fun meets fitness on the court! Designed for ages 10-15, this class combines skill-building drills, friendly competition, and a supportive environment. Whether your child is a beginner or looking to enhance their pickleball prowess, our experienced instructors ensure an engaging experience that promotes teamwork, coordination, and a love for the game.

Date:June 16 - July 24Day:Mondays - ThursdaysTime:12noon - 12:50pm

Location: Nicolet Union High School - Pickleball Courts

Fee: \$190.00R/\$210.00NR

Min/Max: 4/30 Instructor: Kobe Holdren

Age:Program#:7 - 10 years old311250-0111 - 14 years old311250-02

CLASSIFICATION

PEE WEE: STRICTLY AGE 4-6 YEARS.

BEGINNER (7-14 YEARS OLD): HAS BASIC MOTOR SKILLS AND IS STRONG ENOUGH TO BEGIN ADVANCE STROKES AND STRATEGY.

ADVANCE BEGINNER (7-14 YEARS OLD): STROKES ARE PROFICIENT BUT NOT

CONSISTENT. THIS PLAYER SHOWS INTEREST IN COMPETITION.
INTERMEDIATE (7-14 YEARS OLD): STROKES ARE MORE

<u>In Termediate 17-14 years old):</u> STrukes are mure Consistent and player is interested in Match Play.

TIM KOPPA - INSTRUCTOR

COACH KOPPA HAS BEEN THE HEAD BOYS AND GIRLS TENNIS COACH AT NICOLET FOR THE LAST 27 YEARS. HE HAS BEEN A WELLNESS TEACHER AT NICOLET FOR THE LAST 25 YEARS. COACH KOPPA TAKES GREAT PRIDE IN HIS LOW TEACHER TO STUDENT RATIO. IT CREATES A SAFE LEARNING ENVIRONMENT FOR ALL ATHLETES. MANY NICO LET TENNIS STARS HAVE STARTED THROUGH THIS PROGRAM. "WHY PAY ELITE COUNTRY CLUB RATES FOR A LESSER EXPERIENCE?" ~COACH TIM KOPPA

SAMI KOPPA - INSTRUCTOR

SAMI HAS BEEN INVOLVED WITH TENNIS FOR THE MAJORITY OF HER LIFE. SHE HAS JUST COMPLETED HER FIRST YEAR TEACHING AT STORMONTH ELEMENTARY SCHOOL AS A SECOND GRADE TEACHER. SAMI PLAYED COLLEGIATE TENNIS AT UW-OSHKOSH. SHE HAS INSTRUCTED TENNIS LESSONS FOR PEOPLE OF ALL AGES AND SKILL RANGES. OVER THE PAST EIGHT YEARS, SAMI HAS DEVELOPED A UNIQUE PROGRAM FOR COACHING PEEWEES THE BASICS. ONE OF HER FAVORITE THINGS ABOUT TENNIS IS THAT ANYONE CAN LEARN TO PLAY!

KOBE HOLDREN - INSTRUCTOR

KOBE HAS BEEN INVOLVED WITH TENNIS AND ATHLETICS ALMOST ALL OF HIS LIFE. HE WORKED WITHIN THE GLENDALE SCHOOL DISTRICT THIS LAST YEAR AS A PARAPROFESSIONAL. KOBE ALSO COACHED AT NICOLET SERVING AS THE GIRLS JV TENNIS COACH AND OSHKOSH NORTH HIGH SCHOOL AS THE VARSITY HEAD COACH. KOBE HAS GIVEN LESSONS IN PICKLEBALL, LEARNING FROM SOME OF THE BEST COACHES ON THE WEST COAST.

PRE-SUMMER TENNIS CAMP EXTRAVAGANZA!

Are you ready to get your summer started with a tennis extravaganza? This two week tennis camp is for students going into grades 1-8 in the Fall. All skill levels are welcome. These structured tennis lessons will have an emphasis on developmental skills, fitness, strategy and fun! This pre-summer tennis camp will be led by Sami Koppa, a second grade teacher at Stormonth and former collegiate tennis player. Tennis players are encouraged to bring a water bottle, their own racket, tennis shoes, and a good attitude! We can't wait to see you on the court!

Date: May 27 - June 6 **Fee:** \$108.00R/\$128.00NR

 Day:
 Monday - Friday
 Min/Max:
 4/30

 Time:
 4:00 - 5:00pm
 Instructor:
 Sami Koppa

Location: Nicolet Union High School - Tennis Courts

 Grade:
 Program#:

 1st - 3rd Grade
 311021-01

 4th - 6th Grade
 311021-02

 7th - 8th Grade
 311021-03

QUESTIONS? PRIVATE TENNIS LESSONS & PRIVATE DRILLS ALSO AVAILABLE

TIM KOPPA (414) 852-4563 <u>Timkoppa 1984@gmail.com</u>



CARDIO TENNIS FOR ADULTS

Cardio Tennis is a high energy fitness activity that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout. It is a very social and fun class for players of all ability levels.

Day:	Mondays - Thursdays	Session:	Date:	Fee:	Program#:
Time:	11:00 - 11:50am	I	June 16 - 26	\$160.00R/\$180.00NR	331020-01
Location:	Nicolet Union High School	II	June 30 - July 10	\$160.00R/\$180.00NR	331020-02
	- Tennis Courts	III	July 14 - July 24	\$160.00R/\$180.00NR	331020-03
Min/Max:	5/8	IV	June 16 - July 24	\$420.00R/\$470.00NR	331020-04

Instructor: Kobe Holdren

ADULT BEGINNER TENNIS LESSONS

Whether this is your first time playing tennis or you haven't played in years this class is for you! Come join the fun and learn how to play the game and develop your strokes under the instruction of Nicolet Head Tennis Coach Tim Koppa.

 Date:
 June 16 - July 21

 Day:
 Mondays

 Time:
 6:00 - 7:00pm

Location: Nicolet Union High School - Tennis Courts

Fee: \$120.00R/\$140.00NR

Program#: 331021-01 **Min/Max:** 4/30

Instructor: Kobe Holdren & Sami Koppa

BEGINNER PICKLEBALL LESSONS

This class is for first time pickleball players. Come join the fun and learn how to play the game and develop your strokes under the instruction of the Nicolet tennis staff. The class will be divided between instruction and play.

Date: June 16 - July 23 **Day:** Mondays & Wednesdays

Time: 8:45 - 9:45am

Location: Nicolet Union High School - Pickleball Courts

Fee: \$240.00R/\$279.00NR

Program#: 331023-01 **Min/Max:** 4/30

Instructor: Kobe Holdren & Sami Koppa

INTERMEDIATE PICKLEBALL LESSONS

Players should know how to score and have the ability to play matches. Players should have prior experience playing competitively. This is not a beginner lesson but it is not advanced either. We will drill and play. We will work on taking your game to the next level. Email me with questions: tim.koppa@nicolet.us

Date:June 17 - July 24Day:Tuesdays & ThursdaysTime:8:45 - 9:45am

Location: Nicolet Union High School - Pickleball Courts

Fee: \$240.00R/\$270.00NR

Program#: 331025-01 **Min/Max:** 4/30

Instructor: Kobe Holdren & Sami Koppa

INTERMEDIATE ADULT TENNIS LESSONS/DRILL

This drill is for adult players at around the 2.5-3.5 level. If you don't know your rating that is ok. You should know how to score and had lessons previously. This is not a beginner drill. It will be an hour of fast paced drilling and match play at the end. If you have questions please feel free to contact me. tim.koppa@nicolet.us

 Date:
 June 16 - July 21

 Day:
 Mondays

 Time:
 7:00 - 8:00pm

Location: Nicolet Union High School - Tennis Courts

Fee: \$120.00R/\$140.00NR

Program#: 331022-01 **Min/Max:** 6/20

Instructor: Kobe Holdren & Sami Koppa

BEGINNER PICKLEBALL LESSONS

This class is for first time pickleball players. Come join the fun and learn how to play the game and develop your strokes under the instruction of the Nicolet tennis staff. The class will be divided between instruction and play. Email me with questions: kobe.holdren@nicolet.us

 Date:
 June 18 - July 23

 Day:
 Wednesdays

 Time:
 6:00 - 7:00pm

Location: Nicolet Union High School - Pickleball Courts

Fee: \$120.00R/\$140.00NR

Program#: 331026-01 **Min/Max:** 4/30

Instructor: Kobe Holdren and Tim Koppa

INTERMEDIATE PICKLEBALL LESSONS

Players should know how to score and have the ability to play matches. Players should have prior experience playing competitively. This is not a beginner lesson but it is not advanced either. We will drill and play. We will work on taking your game to the next level. Email me with questions: kobe.holdren@nicolet.us

 Date:
 June 18 - July 23

 Day:
 Wednesdays

 Time:
 6:00 - 7:00pm

Location: Nicolet Union High School - Pickleball Courts

Fee: \$120.00R/\$140.00NR

Program#: 331027-01 **Min/Max:** 4/30

Instructor: Kobe Holdren and Tim Koppa

PICKLEBALL LADDERS

Dive into the exciting world of Pickleball Match Play Ladders! Climb the ranks as you challenge opponents, experience friendly competition, and enjoy the camaraderie of fellow pickleball enthusiasts. With flexible scheduling and a ladder format that keeps things dynamic, our Match Play Ladders are the perfect platform to hone your skills and build lasting connections within the pickleball community. Join our Pickleball Match Play Ladders today!

Date: June 17 - July 22 **Fee:** \$180.00R/\$200.00NR

 Day:
 Tuesdays
 Program#:
 331024-01

 Time:
 6:00 - 8:00pm
 Min/Max:
 4/30

Location: Nicolet Union High School - Pickleball Courts Instructor: Kobe Holdren & Sami Koppa



JUNE 16 - AUGUST 15

There is something for everyone!

- Half Day (9:00 Noon)
- Extended Day (until 2PM)
- Mini-Camp (1:30-4:00PM)
- Teen League
- Adventure Camp Full Day
- Weekly Tennis Lessons

Financial Aid Available

I info@mtef.com | ■ Call/Text: 414-442-8195





